



2009-2010 Influenza and Pneumonia Vaccine Program

This communication is NOT intended to address the pending H1N1 vaccine

According to the U.S. Centers for Disease Control and Prevention (CDC), about 200,000 people are hospitalized each year because of influenza and about 36,000 individuals die from it.¹

In the U.S., influenza season usually runs from October to May. The CDC recommends that older individuals (age 50 and over), young children and people with certain health conditions get an influenza vaccine every year.

Anthem Blue Cross and Blue Shield and WellPoint encourages all health plan members to get preventive vaccinations. As always, you can visit your primary care physician, pay your preventive care copay and get a flu and/or pneumonia vaccination. In addition, you may now go to one of the participating pharmacies in the NextRx Influenza and Pneumonia Vaccine Program.

Please note that not all stores in all states of a particular retail pharmacy chain will be able to provide the influenza and/or pneumonia vaccine. You should check with your pharmacy to see if your local pharmacy is participating. In addition, you can check your retail pharmacy's website for a list of locations providing the influenza and/or pneumonia vaccine.

Once you determine which pharmacy in your area is participating, you will need to take your Anthem Blue Cross and Blue Shield Identification Card with you.

The cost of the vaccine at a participating pharmacy store in your area will be \$10.00 regardless of your prescription drug plan copays.

¹ www.cdc.gov/flu/keyfacts.htm